EMI HEALTH

EMI HEALTH VIRTUAL CARE
INDIVIDUAL & FAMILY MEMBERSHIP

$10/month ▪ $0 visits

Urgent Care & Therapy Counseling



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EMI Health Virtual Care is a monthly membership, not an insurance product. Care is provided by licensed doctors and therapists through Recuro Health, our telehealth partner. This membership does not replace health insurance. Not for emergencies. In a life-threatening situation, call 911.

24/7 access to board-certified doctors

See a doctor anytime, day or night, by phone or video. No waiting room and nothing to pay at the visit. One membership covers you, your spouse, and dependents under 26.

Not a member yet?

Join online at emihealth.com. Click Individual & Family Plans, choose your state, and find EMI Health Virtual Care at the bottom of the page.

Or ask your broker to enroll you.

Already a member?

Download the Recuro Health app or call 1-855-673-2876.

Scan to download, or search Recuro Health in your app store.

$0 Therapy Counseling

Talk with a licensed therapist by video or phone. Visits are $0 for you and your dependents ages 14 and up.

Therapists can help with

- Anger Management
- Anxiety & Stress
- Sleep Problems
- Substance Use
- Grief & Loss
- ADHD / ADD
- PTSD
- OCD

Therapy counseling visits are $0. Psychiatry visits are available through Recuro at a discounted rate.

$0 Urgent Care

Common reasons to call

- Cold / Flu / Cough
- Allergies
- Fever / Headache
- Pink Eye
- Acne / Rash
- Ear Problems
- Nausea / Vomiting
- UTIs

Virtual urgent care is available 24/7. Therapy visits are scheduled based on therapist availability. There are no claims to file.

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